



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.

Volume 20 Issue 2

Winter 2015-2016  
(Dec-Mar)

## Grand Knight's Corner



### *Officers for this Fraternal Year*

**Grand Knight** Brian Scott - Bscott3534@yahoo.com  
**Chaplain** Rev. Romy Jazmin - pop.office@popparish.org  
**Deputy GK** Tony Hayward - tonyhayward107@gmail.com  
**Chancellor** Diego Zevallos - dzevallos@cox.net  
**Recorder** Brian Yetka - Byetka14@yahoo.com  
**Fin. Sect'y** Tommy Rosatti - tommyrosatti@gmail.com  
**Treasurer** Tom Pestka - tpestka@hotmail.com  
**Lecturer** Walter Quigley - walterquigley@cox.net  
**Advocate** Shawn Huffaker - vt96mechengr@verizon.net  
**Warden** Jason Gusman - vacationj72@gmail.com  
**Inside Guard** Jerry Hart - jsandyhart@aol.com  
**Outside Guard** Jason Brown - jasonbrown1326@gmail.com  
**Trustees:**  
**3<sup>rd</sup> Year** Ed Monacchio - edward-monacchio@volvo.com  
**2<sup>nd</sup> Year** Dave Van Petten - davidvanpetten@cox.net  
**1<sup>st</sup> Year** Stephen Clock - sjclock@phoenix-group.com

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### **BROTHERS,**

The Holy Season of Christmas and the beginning of a New Year will soon be upon us. My wife Donna, son Michael, and I, would like to extend to you and your family, a Merry Christmas and a happy and prosperous New Year.

The Council has been very busy the past few months. We completed the Tide's Baseball season, assisted at the Parish Spaghetti dinner, assisted at the Special Olympics games in Virginia Beach, successfully completed a successful Fall Membership Blitz in October and had participants in the Soccer Shootout Challenge make it all the way to Regional Winners for the State.

This New Year will be busy as usual. In November with the help of Jerry Hart, we started having a one page flyer in the church bulletin outlining what we have been doing and our upcoming plans. This is to help reach out to those that do not come to meeting and to also show those that are not Knights what we are about. Jerry also started a "Knight Out Social" where we just get together at a local restaurant and get to know each other. This is not a meeting, just social so family is fully invited so come out and have some fun.

*Continued to page 6*

### Promoting K of C Awareness

Brothers, we are all aware of the attacks on the family as a unit and an institution, and we are constantly witness to attacks on our faith, even to the point where the federal government is suing a Catholic College to pay for birth control in its medical plan. As Knights we stand against such things, but we need to do more so that people know what we do and why. We're not a beer club for old guys, although beer after meetings is a nice perk. If you have an idea to better promote awareness of what we do, please share your idea! Check us out on the web ([www.kofc8240.org](http://www.kofc8240.org)) & on FaceBook [www.facebook.com/home.php?#!/group.php?gid=301533184318](http://www.facebook.com/home.php?#!/group.php?gid=301533184318)

## Degree Exemplification

Within the Knights of Columbus there are several degrees, each providing the member valuable lessons. The **First Degree** teaches the lesson of charity, and upon completion he is considered a Knight of Columbus and can participate in all council activities. First Degree members are encouraged to attain the **Second** and **Third Degrees**, which teach the lessons of unity and fraternity. Upon taking the **Third Degree**, a member receives full honors of Knighthood and is "Knighthood." Privileges of **Third Degree** membership include the ability to serve as a local council officer, and admission to state and Supreme Council business meetings. **First** and **Second Degree** members can attend the state and Supreme Council meetings, but they are not allowed in the business sessions. **Upcoming Exemplifications:** Please see the calendar for dates and locations and/or contact **Deputy GK Tony Hayward** - tonyhayward107@gmail.com



### Your Prayers are requested for:

#### **Members of the Armed Forces and all other Americans in harm's way,**

Leo Marshall, Joe Herzig, Al Vendt, Chris and Claudia Schrock, Katie McAlpine, Ernest Thompson, Mrs Consolacion Aranas, Bob Elko, Joe Scanlon, Willie J Blake, Curtis Lightfoot, Jack Gorman, Retired Air Force Colonel Bob Hinger( past District Deputy from Northern VA, Karen Myers, Joan Gorman, Al Frenette, Felice Nash, Margaret Frankenberger, James Woneski, Joe Nash, Bob Stermer, Missie Distefano, Dorothy Shares, Shawn Smith, Ed Boone, Bill Mezmarich, Lucrecia Zevallos, and Jeanie Chamberlain, Father Neil Buckline, Sean McMahon, Janice O'Connor, Kathy Grimm, Katherine Discavagoo

For the Seminararians who are supported by this council, Sean Koehr and Sean Kenney, along with those other individuals who are considering a religious vocation.

#### **In Memoriam**

**Helen Quigley**

*Amen, I say to you, whatever you did for one of these least brothers of mine, you did for me... Matthew 25:40 USCCB.org*

### **CHESAPEAKE COUNCIL 8240 CHRISTMAS PARTY!!**

Please join us on Friday December 11th for Council 8240 Christmas Party at Prince of Peace. Please plan on arriving between 6:00-6:30pm Dinner (Spaghetti, Baked Ziti, Lasagna, Salad, Ham, and Bread sticks) will be served at 7:00pm. Beverages will also be provided (adult beverages, soda and coffee). We will have a live band 50/50 raffle and other raffle items. Council 8240 will also be collecting donations for the Seton Youth Shelters. This dinner is also open to spouses and children. Please RSVP NLT Friday December 4th. Please email Deputy Grand Knight Tony Hayward with reservation, [tonyhayward107@gmail.com](mailto:tonyhayward107@gmail.com).

### **Dining Out**

Council Dining Out, a meet for dinner event, once a month at one of our local Chesapeake restaurants. This is purely a social event and it will be on a "no host" basis with separate checks provided to you. Spouses and children are more than welcome to attend. The next event will be at Pirate's Cove located at 109 J/K Gainsborough Square / Chesapeake, VA. (<http://www.piratescoveva.com/>). Please join us. Send your RSVP to Brother Jerry Hart at [jsandyhart@aol.com](mailto:jsandyhart@aol.com) (or 757-575-1857) not later than 12 December if you plan to attend and the number you will have in your party.

### **Council Treasurer's Report As of November 2015**

Checking	\$14,151.46
Savings I	\$17,000.84
Savings II	\$ 2514.09

# Council 8240 Calendar Dec 2015-Mar 2016

◀ November		~ December 2015 ~					January ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3 7:30pm All Saint's Assembly Meeting	4	5 Christmas Cards Sales Great Bridge Christmas Parade POP Craft Fair 11:00am Council 5561/ 3 <sup>rd</sup> Degree Warrenton, VA	
6 Christmas Cards Sales	7	8	9	10 7:30pm Council Business Meeting	11 Christmas Party	12	
13	14	15	16	17	18 Advent Tree	19	
20	21	22	23	24	25 Christmas	26	
27	28	29	30	31	<b>Notes:</b>		

◀ Dec 2015	~ January 2016 ~						Feb 2016 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1 New Year's Day	2	
3	4	5	6	7 7:30pm Assembly 2185 Meeting	8	9 Mid-Year Meeting (Newport News)	
10	11	12 7pm District Officers Meeting (St. Matthews)	13 7pm Council Officers Meeting (POP)	14 7:30pm Council Business Meeting	15	16 11:00am D1 Council 418 St. Paul's Portsmouth, VA 3 <sup>rd</sup> Degree	
17	18 Martin Luther King 1 <sup>st</sup> Degree (Suffolk)	19	20	21	22	23	
24	25	26	27	28 7:30pm Social Meeting  7:30 Council 11984/ 2 <sup>nd</sup> Degree St. Stephen Martyr Chesapeake	29	30 11:00am Council 6292 3 <sup>rd</sup> Degree Fairfax, VA 6:30pm Memorial Dinner (POP)	
31	<b>Notes:</b>						



Discover a World  
of Good Things in  
the Knights of  
Columbus



## Marian Devotion



**Mother of Mercy**  
O Mary, Mother of  
Mercy, watch over  
all people, that the  
Cross of Christ may not  
be emptied of its power,  
that man may not stray  
from the path of the  
good or become blind to  
sin, but may put his

hope ever more fully in  
God who is "rich in  
mercy."  
May he carry out the  
good works prepared  
By God beforehand and  
so live completely "for  
the praise of his glory."

*Saint John Paul II*

### COLUMBIAN CLUB OF CHESAPEAKE, INC.

Every member of Council 8240 is also a shareholder of the Columbian Club of Chesapeake (CCC) Incorporated. The Supreme By-Laws of the K of C prohibits councils from owning real property, so to own real property a council will form a non-profit corporation. So when Council 8240 was willed property by Brother Joe Drago, we formed the CCC. We own three properties. The house and land originally given to us by Joe (1277 Hillwell Road) and two townhouses, one located on Faire Chase (just off Waters Road) and another on Montrose Court (off Great Bridge Blvd). We hold these as investment property. The CCC is governed by Knights of Council 8240. The next meeting scheduled for January 21<sup>st</sup> at Prince of Peace, time TBD. All members of Council 8240 are welcome.

The current officers are:  
Greg McCracken - President  
Frank Hunt - Vice President  
Tom Tucker - Treasurer  
Michael Gomori - Secretary

Anyone that would like to learn more about the CCC or would like to assist us in managing the properties or acquiring another property is very welcome. This is another Service opportunity within the K of C. If you are interested please contact Frank Hunt at [frankhjr78@gmail.com](mailto:frankhjr78@gmail.com) or 757-536-2589.

**Charity**

**Unity**

**Fraternity**

**Patriotism**

**Our Founder**  
Venerable  
Michael McGivney



To join the guild (it's free) or to learn more about it go to: [www.fathermcgivney.org/mcg/en/contact/register.html](http://www.fathermcgivney.org/mcg/en/contact/register.html)



***In service to One, In service to all***

***Culture of Life***

"Human life is sacred and inviolable at every moment of existence, including the initial phase which precedes birth. All human beings, from their mother's womb, belong to God who searches them and knows them, who forms them and knits them together with his own hands, who gazes on them when they are tiny shapeless embryos and already sees in them the adults of tomorrow whose days are numbered and whose vocation is even now written in the 'book of life.' There too, when they are still in their mothers' womb—as many passages of the Bible bear witness—they are the personal objects of God's loving and fatherly providence." (*Evangelium Vitae*, 61). Read more at the following: [http://www.kofc.org/un/en/public\\_policy/prolife.html](http://www.kofc.org/un/en/public_policy/prolife.html)

PGK John Hoffman is Council 8240's Culture & Life Director, he welcomes your thoughts and suggestions at [Hoffmanpfu@cox.net](mailto:Hoffmanpfu@cox.net).

Council Calendar continued from page 3

◀ Jan 2016	~ February 2016 ~						Mar 2016 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1	2	3	4 7:00pm VDD Setup 7:30pm Assembly 2185 Meeting	5 VDD 09-Noon Assembly 2185 First Friday Adoration	6 8:00 am VDD Clean Up 11:00 am Council 15256/ 3 <sup>rd</sup> Degree Ashburn, VA	
7	8	9	10 Ash Wednesday	11 7:30pm Council Business Meeting  7:00pm Council 10601/ 1 <sup>st</sup> Degree St. Matthews Virginia Beach, VA	12	13 11:00 am Council 4632/ 3 <sup>rd</sup> Degree, Virginia Beach	
14 Valentine's Day	15 Presidents' Day	16	17	18	19 Fish Fry	20	
21	22	23	24	25 7:30pm Social Meeting  7:15pm Council 11984/ 1 <sup>st</sup> Degree St. Stephen Martyr Chesapeake, VA	26	27	
28	29	<b>Notes:</b>					

COUNCIL 8240's OWN ONLINE STORE. For shirts, t-shirts, aprons, bags etc. The Queensboro Company has set up for Council 8240 our own online store. All the items include free embroidery and \$1 comes back to the council for each item sold. Our online store website is <http://kofc8240.qbstores.com> and also is accessible through our council website. You are NOT required to register, but if you register your e-mail address you can get automatic notification of sales and promotions.

## Outings



Assembly 2185 Attend opening ceremony of Special Olympics at Lake Taylor High School in Virginia Beach

### *Continued from page 1*

We are already preparing for the Youth Basketball Free Throw competition in late January and have begun discussing the joint 8240/11984 Valentines Dinner Dance. We will soon be discussing and planning our KOVAR weekends and Fish Fry's.

We delayed our Annual Memorial Dinner till January 30<sup>th</sup>. These past couple of months Walter Quigley has been working within our council and also 11984 to gather the names of our widows so we can present them with a name badge. By wearing the badge we are going to do what the Knights were initially created for...help out the widows. From here on out all widows of our order get into any event we or 11984 conducts free of charge. That is only one aspect of the dinner. The other is to celebrate our Brothers. Please come out to the potluck on Jan 30<sup>th</sup>. More information will follow.

With everything the Council has going on we cannot forget about MEMBERSHIP. The Council and Membership Director (Jason Gusman) has done a great job bringing in new Brothers to our Council. We need to continue with these efforts. We need to be recruiting before/after Mass, during Parish events and activities. Please take a few minutes after Mass to socialize in the Parish Hall and assist anyone that might have some questions about being a Knight. When attending Mass or other Parish activities please remember to wear your badge. If anyone has any questions regarding membership and how they can help please contact Jason Gusman at [vacationj72@gmail.com](mailto:vacationj72@gmail.com) or email me at [brian.scott20@gmail.com](mailto:brian.scott20@gmail.com).

Stay safe Brothers!

*VJ*  
*B. Scott*

Catholic Passion Ministries presents a new series entitled, "Be Catholic. Live Catholic. Rekindling our Catholic Identity. This series will highlight the uniqueness of our Catholic faith and Catholic life. It is open to everyone, Catholics and those who want to learn more about the beauty of our faith. You can attend single classes or the entire series. For more information, contact Deacon Adrian at [deacon.adrian@popparish.org](mailto:deacon.adrian@popparish.org), or Suzy Kelly at [suzy@jokell.com](mailto:suzy@jokell.com).

DATES: Third Monday of every month...next meeting is Dec. 21.  
TIME: 6:30PM, Rosary: 7:00PM - 8:00PM Series  
PLACE: Prince of Peace, Chapel area  
PRESENTERS: Deacon Adrian Marchi and Suzy Kelly



## KOVAR

A Virginia Knights of Columbus Charity established in 1971 to provide financial assistance through grants and home loans to tax exempt organizations providing training and assistance to citizens with intellectual disabilities.

“Give Jesus your heart to love and your hands to serve. Be His light, His fire of love amongst the poor.” Recognizing, as Blessed Mother Theresa did, that the greatest poverty today is to be unloved and unwanted, we are called first to receive God’s love in our hearts and then carry that love to our homes, our communities and our neighborhoods. KOVAR is an important ministry that helps those among us who need us the most. It is a wonderful family event that allows us to share with our children the joy of providing service to others. Blessed Mother Theresa provided us all with a worthy example to follow, please contact Brother Stephen Clock, sjclock@phoenix-group.com (757) 615-2367 to volunteer with KOVAR.”

### News from the State Deputy

Dear Brother Virginia Knights and your Families,

Thanksgiving is a time for giving thanks, as well as sharing our generosity, love and faith with family and friends. During this season let us remember those that are not able to share this special day with family. The widow or widower down the block, the first responder waiting for the emergency call and most importantly, our service members deployed throughout the world. Take some time this holiday to share your blessing with those less fortunate. Make a family commitment to help those that need our assistance and encouragement.

I had the opportunity to be with the Supreme Knight this past weekend at the State Deputy Mid-Year Meeting and in his address he spoke about “Our Mission to Build the Domestic Church and Strengthen Parish Life”. The Supreme Council is encouraging each council to work with their Pastor to find those areas of the parish that need special attention that each council can assist with, especially in those areas that effect the family and youth of the parish. During this time of thanksgiving and sharing, the Knights of Columbus needs each council to share with their parish community their strengths, compassion and faithful service. As our Supreme Knight quoted Pope Francis, that he has called for a “new alliance between the Church and the family in order that Catholic families might receive greater encouragement and support” and to that end our Supreme Knight then said “there is no Catholic organization better positioned for this task today in thousands of parishes than the Knights of Columbus”. Over the next few months you will both hear and see demonstrated some new initiatives and programs to help councils with this task.

Remember, after Thanksgiving with Christmas soon to follow, our parish families still need our involvement in the parish life. The spirit of the Christmas Season needs to be a 365 days a year commitment.

May you and your family enjoy the spirit of Thanksgiving and share your joy, charity and fraternity with your parish community and continue “Living a Fraternal Journey...Live, Know, Share Our Faith”.

Donna and I wish you a Blessed and Happy Thanksgiving.

Stephen Paul Raschke Sr.  
State Deputy  
State Council of Virginia  
Knights of Columbus

Living a Fraternal Journey  
Live, Know, Share our Faith

## *Will you outlive your money?*

Are you nervous about where your money is invested and how it is performing? You are not alone if you are scared to death!

The simple fact is you are responsible for your financial future. Whether you are 30, 50, 70 . . . you need to have a balanced approach to your finances. If you have some of your finances with the Knights, then you have a piece of your future financial growth guaranteed. That is the good news; if you want to do more with the Knights you are welcome to do so. If you want to start doing something with the Knights, then let's get started.

This year we have rolled over or just started new deposits at a rate that is envious in the financial world we are averaging \$500,000 per month that is \$6M this year!

Why the tremendous growth rate? Here is my answer . . . our products offer a better than average return. Then when you guarantee the return, then you are part of a small group of companies that actually guarantee anything. The best part is when you start to use your money with the KC annuities, our options for income are second to none and our distribution interest rates are some of the strongest in the industry. Yes there are two interest rates, the accumulation rate which is the one most companies advertise and then the distribution interest rate, the one companies do not talk about. This one is equally or even more important. This rate tells you how your money is distributed to you.

Do you know if you will outlive your money?

Consider us your financial doctor. Yes, we are by appointment only and like your doctor or dentist, we are booked out for a few weeks. However, if you have an emergency, tell my staff, we will get you in and start fixing your finances.

With all the uncertainty in the world today and much of which we have no control, we need to control what we can control. Whether you want to invest in guaranteed growth, IRA, Roth or unqualified plans, you can do so.

Or if you want to place funds in our hugely popular guaranteed participating Whole Life policies, you can apply to see if you medically qualify. These are great tax free retirement supplements or plans!

Is your Long Term Care plan in place? Do you even have one?

Is your income covered from disability? Do you have disability insurance?

You know, we are here for you and your family and or business. We are excellent in what we do and our reputation is outstanding.

If you want a confidential consultation, that may be your first step. Call us, we will listen and if you want us to, we will build you a plan. It starts with your phone call!

**495 - 1492**



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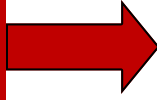
[abbatepracticemail@kofc.org](mailto:abbatepracticemail@kofc.org)

[www.bobabbate.org](http://www.bobabbate.org)



## Council News

Looking for Council information on upcoming events please visit the Council Webpage



### Council 8240 Website – [www.kofc8240.org](http://www.kofc8240.org)

Our website is available to the public, and it's a good way to introduce someone to The KofC and Council 8240, and there is also a Members Only section. The power of our website is that it uses our official roster, as maintained by the Supreme Office in Connecticut, and gives us a way to call each other and to e-mail each other securely. If you cannot access the Member's Only section contact the Council Webmaster, Frank Hunt at [frankhjr78@gmail.com](mailto:frankhjr78@gmail.com) or 757-536-2589. Another VERY powerful feature of our website is that updating information on it is VERY easy. Anyone willing to try can be given Admin rights, and Frank will be delighted to give you a "how to" lesson. No special computer skills are needed. The combination of our roster in the background and ease of use gives us a way to organize events using the website, as the calendar also has an automated "sign up list" feature built in to it. The more we use it, and the more people that add to it, the more useful it will be.

Brothers,

On December 10, 2015 during our Business Meeting we are doing a review of our By-Laws. To help the process along I invite each of you to review them prior to the meeting. You are able to locate them at our council website (<https://kofcknights.org/CouncilSite/index.asp?CNO=8240>) You will need to go into the "Members Only" Section and log in. To Log In you will need your Membership number, which is located on your card and your Date of Birth. If you have problems logging in, please contact me.

After the review there will be an opportunity to ask questions and raise any motions. One of the motions that is being brought will be to reduce the quorum for a business meeting from 16 to 12.

In the December meeting we will only be reviewing the By-Laws and doing the FIRST Reading on any motions. In January we will do the Second Reading for final passage.

I encourage you to attend and bring any questions you have.

Fraternally,

Brian Scott

**Volunteer Hours**— Remember to let SK Mr. Mark A Zaccagnini know about your volunteer hours on the first week of the month for the previous month. Just call or email your hours and what activity. Your efforts help document how productive and effective our council is in supporting the mission of our parish. Thank you!

## Membership News

Worthy Brothers,

Checks for Council Dues (\$48.00 for regular Members & \$24.00 for Jr. Members (under age 26)) should be made out to K of C 8240 with "2016 Council Dues" in the memo line and sent to:

Tommy Rosati FS  
1112 Holbrook Trace  
Chesapeake, VA 23322  
Knights of Columbus  
Financial Secretary  
Chesapeake Council 8240  
[TommyRosati@Gmail.com](mailto:TommyRosati@Gmail.com)  
(757) 410-9374 (H)

One question about Membership Cards that has already come up from a couple of our newest 4th Degree Members is: "I am a 4th Degree Sir Knight. Why does my Membership Card only say I'm a 3rd Degree Knight?" Because I, as your Financial Secretary, am only responsible for 1st, 2nd & 3rd Degree Members, so the highest Degree your Membership Card can say is 3rd. Your Faithful Comp-troller of your Assembly will give you a separate 4th Degree Membership Card as soon as you pay your 4th Degree dues. (Yes. 4th Degree dues are in ADDITION to your Council dues.)

Be sure to sign your Membership Card IMMEDIATELY after receiving it! A Membership Card is NOT valid until it's signed.

If any of you have any questions, comments or concerns about dues, Membership Cards, or anything else for that matter, please do not hesitate to call, text or email me. I am at your service.

Vivat Jesus!

Fraternally,

Tommy Rosati PGK, FDD  
(757) 572-6499 (C)

### Membership Birthdays

#### December

Name	Birthday
Mr Gerald W England	12-18-
Mr Millet C Fadoul	12-22-
Mr James Cobell	12-23-
Vincent J Iannacito	12-25-
Earl R Chang	12-27-
Mr Derek P Wheeler	12-27-
Mr Mark A Zaccagnini PGK, FDW	12-28-

#### January

Name	Birthday
Mr George H Houle	01-01-
Mr. Richard M Kaser	01-06-
Mr Joseph P Schriever	01-06-
Mr Justin D Shuma	01-06-
Mr. Robert A Elko	01-08-
Mr Shawn M Huffaker	01-15-
Mr Alexander S Francher	01-16-
SK Sean P Quinn PGK	01-16-

## *Membership News*

### Membership Birthdays continued from page 10

#### January

Name	Birthday
Dario R Espinoza	01-17-
SK Walter L Quigley PGK, FDD	01-19-
Mr Dennis M Reilly	01-19-
Mr John R Williams Jr	01-19-
Mr. Joseph Scanlon	01-20-
Mr. Paul J Hughes	01-22-
Mr David J Van Petten PGK	01-26-
Mr Robert L Stermer Jr	01-27-

#### February

Name	Birthday
Mr William Foley	02-01-
Mr Joseph E Mihelic	02-03-
Mr Thomas M Murphy	02-04-
Mr Patrick F Hunt	02-05-
Mr. Frank X Kenney	02-05-
Mr Ramon Betancourt Jr	02-06-

#### February

Name	Birthday
Mr John M Henderson	02-06-
Francisco J Torres	02-11-
Mr Michael P O'Connor	02-16-
Dr Gregory T Engel	02-17-
Gerald D Mathers	02-18-
Mr Thomas J Kruesi	02-19-
Mr Daniel R Shuma PGK	02-21-
Mr Noli D Fiesta	02-22-
Mr Eric R Barriault	02-26-
Rev Fulgencio L Legaspi	02-26-
Mr John A Vinett	02-26-

#### March

Name	Birthday
Mr Edwin J Costa	03-01-
Mr Omer L Cormier	03-02-
Mr Anton N Hayward	03-02-
Mr James R Allen	03-04-
Mr Robert J Loehr	03-04-

## Membership News continued

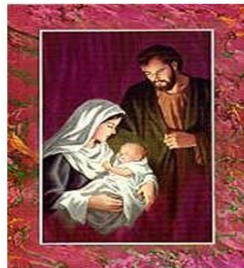
### Membership Birthdays continued from page 11

#### March

Name	Birthday
Mr James A Williams	03-04
Mr Matthew H Mourning	03-06
Mr John A O Connor	03-08
Mr. Joseph C Oulahan	03-08
Mr Christopher U Mulholland	03-09
Mr Joseph C Bilbo	03-20
Mr Mark L Swears	03-22
Mr Anthony J Gravina	03-23
SK Tommy Rosati PGK, FDD	03-23
Mr Thomas E Klocek	03-24
Mr David S Rivard	03-24
Mr John P Leonard	03-25
Mr Gary A Huff	03-27
Mr Christopher B Janes	03-30
Mr Christopher M Mulholland	03-31



**Keep Christ in Christmas!**



**SPREAD THE WORD**

**Christmas card sales after all Masses.**

Last Sales scheduled for December 6th and 7th

Editorial Comment  
by J. Branco



## *Advent: A Time for Prayer and Preparation*

Here we are again, it is the day after Thanksgiving when we turn to the leftovers of the meal shared with family and friends, catch up on projects around the house, and begin to prepare for the next big celebration just a short month away. It seems somewhat unfair to think that the blessings we spoke of just a few days ago are now punctuated with the trifecta of “Black Friday, Small Business Saturday, and Cyber Monday.” This seemingly endless blitz begins a season of the bargain sales hype that takes over the headlines and urges us to seek out the good deal. This coupled with the ability for anyone to use their technology device of choice and the “perfect app” promotes the endless promise of finding the perfect gift for everyone on your list. Unfortunately this is often the reality we face in the weeks following Thanksgiving and detracts from the true importance leading up the tremendous gift we should celebrate at Christmas.

While we have grown to realize that the headlines are intended to capture our attention, I am of course hoping that you can see past the hype and focus instead on the true meaning of the season. Starting with November 29th we should “look for the good deal” beginning with the Church’s liturgical year more commonly known as Advent; which in Latin is known as “ad-venire” or “to come to”. In this time of preparation we are called to reflect with hearts and minds on Christ’s second coming at the end of time and to understand the great significance of the birth of the infant Jesus. The Advent season is truly filled with reminder “apps” that we can use in seeking out the perfect gift of all. By now you may be wondering just what those “apps” may be so here they are... the Advent wreath and calendar. Although these may be considered low tech solutions they are none the less proven solutions making it easier for you to prepare for the celebration of the Nativity of our Lord.

This time of year, this Advent season, should not be marked only by sales hype but in the spirit of expectation, of anticipation, and of longing. It should be remembered that Advent is a time of preparation and prayer in a hope renewed in the reign of an Anointed One, a Messiah, who will bring peace, justice, and righteousness to the world. Our Advent devotions are therefore a reminder to us of the meaning of the season and help us fully enter into the holiday spirit with daily activity and prayer. Perhaps if we reformatted our “hard drives” and rewired our personal experiences with the divine we would see that raising one’s mind and heart to God through prayer remains as His “technology of choice.”

VJ

Merry Christmas to all my Council and Assembly Brothers,

*J. Branco*



Credits: <http://www.kofc.org/un/en/cis/devotional>  
<http://www.usccb.org/prayer-and-worship/liturgical-year/advent/index.cfm>  
<http://www.crivoice.org/cyadvent.html>

◀ Feb 2016		~ March 2016 ~					Apr 2016 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		<b>1</b>	<b>2</b> NEST	<b>3</b> NEST 7:30pm Assembly 2185 Meeting	<b>4</b> NEST 09-Noon Assembly 2185 First Friday Adoration	<b>5</b> NEST 11:00AM Council 7877/ 3 <sup>rd</sup> Degree Stafford, VA	
<b>6</b> NEST	<b>7</b> NEST	<b>8</b> NEST	<b>9</b> CAST	<b>10</b> CAST 7:30pm Council Busi- ness Meeting	<b>11</b> CAST	<b>12</b> CAST Quarterly Meeting (Richmond) 1200pm Council 2473/3 <sup>rd</sup> Degree Arlington, VA	
<b>13</b> CAST 11:00am Council 2473/ 3 <sup>rd</sup> Degree Arlington, VA	<b>14</b> CAST	<b>15</b> CAST	<b>16</b> CAST	<b>17</b> 7:30 Council 10601 2 <sup>nd</sup> Degree St. Matthews Virginia Beach, VA	<b>18</b>	<b>19</b> State Free Throw Event (Richmond)	
<b>20</b> Palm Sunday	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b> Holy Thursday	<b>25</b> Good Friday	<b>26</b>	
<b>27</b> Easter	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>Notes:</b>		

◀ Mar 2016		~ April 2016 ~					May 2016 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					<b>1</b> 09-Noon assembly 2185 First Friday Adora- tion (POP)	<b>2</b> Recruitment Weekend	
<b>3</b> Recruitment Weekend	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> 7:30pm Assembly 2185 Meeting	<b>8</b>	<b>9</b> 11:00am 3 <sup>rd</sup> Degree D5 Council 511 Mary Star of the Sea Hampton, VA	
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> 7:30pm Council Business Meeting	<b>15</b>	<b>16</b> 11:00am Council 7538/ 3 <sup>rd</sup> Degree Ashland, VA	
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b> 7:30pm 1 <sup>st</sup> Degree (POP)	<b>22</b>	<b>23</b> 11:00am Council 11639 3 <sup>rd</sup> Degree Radford, VA	
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> 7:30pm Social Meeting 7:30 Council 8240/ 2 <sup>nd</sup> Degree Prince of Peace Ches- apeake, VA	<b>29</b> Annual Meeting (Herdon VA)	<b>30</b> Annual Meeting (Herdon VA)	

## How to Pray the Rosary

### From the USCCB ----- HOW TO PRAY THE ROSARY -----

The Rosary is a Scripture-based prayer. It begins with the *Apostles' Creed*, which summarizes the great mysteries of the Catholic faith. The *Our Father*, which introduces each mystery, is from the Gospels. The first part of the *Hail Mary* is the angel's words announcing Christ's birth and Elizabeth's greeting to Mary. St. Pius V officially added the second part of the *Hail Mary*. The Mysteries of the Rosary center on the events of Christ's life. There are four sets of Mysteries: Joyful, Sorrowful, Glorious and--added by Pope John Paul II in 2002--the Luminous.

The repetition in the Rosary is meant to lead one into restful and contemplative prayer related to each Mystery. The gentle repetition of the words helps us to enter into the silence of our hearts, where Christ's spirit dwells. The Rosary can be said privately or with a group.

The **Five Joyful Mysteries** are traditionally prayed on the Mondays, Saturdays, and Sundays of Advent:

The Annunciation

The Visitation

The Nativity

The Presentation in the Temple

The Finding in the Temple

The **Five Sorrowful Mysteries** are traditionally prayed on the Tuesday, Friday, and Sundays of Lent:

The Agony in the Garden

The Scourging at the Pillar

The Crowning with Thorns

The Carrying of the Cross

The Crucifixion and Death

The **Five Glorious Mysteries** are traditionally prayed on the Wednesday and Sundays outside of Lent and Advent:

The Resurrection

The Ascension

The Descent of the Holy Spirit

The Assumption

The Coronation of Mary

The **Five Luminous Mysteries** are traditionally prayed on Thursdays:

The Baptism of Christ in the Jordan

The Wedding Feast at Cana

Jesus' Proclamation of the Coming of the Kingdom of God

The Transfiguration

The Institution of the Eucharist



### Praying the Rosary

Make the Sign of the Cross.

Holding the Crucifix, say the *Apostles' Creed*.

On the first bead, say an *Our Father*.

Say three *Hail Marys* on each of the next three beads.

Say the *Glory Be*

For each of the five decades, announce the Mystery, then say the *Our Father*.

While fingering each of the ten beads of the decade, next say ten *Hail Marys* while meditating on the Mystery. Then say a *Glory Be*. (After finishing each decade, some say the following prayer requested by the Blessed Virgin Mary at Fatima: "O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those who have most need of your mercy.")

After saying the five decades, say the "Hail, Holy Queen, followed by this dialogue and prayer:

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

*Let us pray: O God, whose Only Begotten Son, by his life, Death, and Resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that while meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.*

**We're on the web  
at  
[www.kofc8240.org](http://www.kofc8240.org)**

Newsletter Disclaimer

Our Council newsletter is a quarterly publication of interest to members of the Knights of Columbus Council 8240 located in Chesapeake, Virginia. Each newsletter publication is distributed by electronic mail to all members and by surface mail to those members preferring a hard copy or do not have access to electronic mail. Input, suggestions, comments, etc... related to this publication should be directed to the newsletter editor Joseph Branco ([joebranco@cox.net](mailto:joebranco@cox.net)). The quarterly input deadline for subsequent newsletters is established as the 1st of the month-August, November, February, and May annually. The most recent edition of this newsletter can be found on the Council 8240 webpage at [www.kofc8240.org](http://www.kofc8240.org).

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